



THE REGAL INN

EST. 1979

MENU

Daily Specials

*Available Lunch & Dinner
for members only**

MON **2 FOR 1 BURGERS**
Buy one, get one free!

TUE **NACHO NIGHT**
Choice of 3 toppings (\$18)

WED **2 FOR 1 SCHNITZELS**
Buy one, get one free

THU **\$20 RUMP**
200g rump steak with sauce and sides

SUN **KIDS EAT FREE**
*with main meal purchase**

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33 Metford Road, Tenambit NSW PH: 49332475

BREADS

gluten-free breads available +2

	M	NM
Garlic Bread (gfa)	10	11
Cheese & Garlic (gfa)	12	13
Sweet Chilli Cheese (gfa)	13	14
Cheese & Bacon (gfa)	13	14
Bruschetta (gfa)	14	15
vine-ripened tomatoes, Spanish onion, fresh basil & feta served on toasted Turkish bread finished with a balsamic glaze		

ENTREES

Pork Belly Bites	18	19
tender pork bites tossed in a smokey Jack Daniels BBQ sauce		
Salt & Pepper Squid (m)(gf)	18	20
crispy strips of house dusted squid served with tartare & lemon		
Southern-Fried Chicken Tenders (gf)	18	20
served with house made dipping sauce		
Loaded Fries (gf)	14	15
seasoned fries topped with bacon, liquid cheese, bbq sauce & shallots		
Chicken Wings (gf)	16	17
tossed in your choice of Buffalo or Smokey Jack Daniels BBQ sauce		
Baked Camembert (v)	17	18
served with toasted bread		
Chips & Gravy (vg, gf)	10	11
the Aussie classic we all know & love		

BURGERS

all burgers served with a side of seasoned fries gluten-free buns available +2

The Regal Burger (gfa)	25	26.6
grilled beef patty, bacon, hashbrown, lettuce, tomato, onion, cheese, bbq sauce & aioli on a toasted milk bun		
Chicken & Ranch Burger (gfa)	25	26.6
chicken schnitzel, bacon, lettuce, avocado, tomato, cheese & ranch sauce on Turkish sub roll		
Grilled Halloumi Burger (gfa)	24	25.5
dukkah crusted halloumi, lettuce, tomato, Spanish onion, avocado & sweet chilli sauce on a toasted milk bun		

DIETARY REQUIREMENTS

v vegetarian
vg vegan
gf gluten free
gfa gluten free option available
df dairy free
dfa dairy free option available

PUB CLASSICS

all pub classics served with two choices of sides: chips, salad, steamed vegetables, mashed potato

	M	NM
Crumbed Lamb Cutlets	36	38.5
two (2) per serve with your choice of sauce, extra cutlet +7		
250g House Crumbed Chicken Schnitzel	26	27.7
with your choice of sauce		
Salt & Pepper Squid (m)(gfa)	26	27.7
tartare, lemon		
Crispy-skin Barramundi (a)(gf)	30	32
tartare, lemon		
300g Rump Steak (gf)	40	42.5
with your choice of sauce		
300g Scotch Fillet (gf)	48	51.5
with your choice of sauce		

PIZZA

gluten-free bases available +5

Cowboy (gfa)	26	27.7
bbq base topped with mozzarella cheese, chicken, bacon, chorizo, ham & pepperoni		
Chicken & Camembert (gfa)	24	25.5
napoli base topped with mozzarella, grilled chicken breast, baby spinach, Spanish onion, cherry tomato & Camembert pieces		
Vegetarian (gfa)	22	23.5
napoli base topped with spinach, onion, sun dried tomato, pumpkin, pineapple, mushroom & mozzarella cheese		
Hawaiian (gfa)	22	23.5
ham & pineapple on a Napoli base topped with mozzarella		

PASTA

gluten-free pasta available +3

Beef Ragu Fettuccine (gfa)	28	29.9
slow braised shredded beef cheek in a rich tomato sauce served with fettuccine topped with parmesan cheese		
Marry Me Chicken Fettuccine (gfa)	28	29.9
grilled chicken, sun dried tomatoes & fresh basil in a creamy sauce topped with parmesan		
Carbonara Fettuccine (gfa)	24	25.5
smoked bacon & shallots in a garlic cream sauce topped with parmesan		
- add chicken +5		
- add prawns (i) +9		

SEAFOOD

(a) Australian (m) mixed (i) international

CHEF SELECTIONS

Pork Belly Stir Fry 32 34
crispy pork belly, Asian vegetables, cashews & hokkien
noodles in a sweet & savory sauce

Lamb Shanks (gf) 44 46.8
slow braised lamb shanks (2) served on creamy mashed
potato with peas in a rich tomato & onion gravy

Grilled Chicken Breast (gf) 34 36.2
butterflied chicken breast topped with grilled bacon,
prawns, hollandaise sauce, served with sweet potato
mash & steamed seasonal green vegetables

Mixed Grill 52 55.5
rump steak, crumbed lamb cutlet, bacon, egg, tomato,
mushroom served with your choice of chips & salad or
vegetables & mash plus sauce

Nachos (gf, v) 22 23.5
lightly toasted corn chips topped with your choice of a
spiced three bean mix or beef chilli con carne. Finished
with liquid cheese, sour cream, guacamole & pico de
gallo

SALADS

Classic Caesar 20 21.5
cos lettuce, bacon lardons, parmesan cheese & croutons
drizzled with a tangy dressing
- add chicken +5
- add schnitzel +7
- add prawns (i) +9

Grilled Pumpkin & Halloumi (v, gf) 22 23.5
mixed leaves, cherry tomatoes, Spanish onion, cucum-
ber, avocado, roasted pumpkin & grilled halloumi with
honey mustard dressing
- add chicken +5
- add prawns (i) +9

Thai Beef 28 29.9
tender marinated beef strips, cashews, crispy noodles,
mixed leaves, cherry tomatoes, cucumber, carrot &
onion finished with a sweet soy dressing

SCHNITZEL TOPPERS

Parmigiana: mozzarella, smoked ham, Napoli sauce 6 6.5

ABC: avocado, bacon, mozzarella 6 6.5

BMC: bacon, mushroom sauce, cheese 6 6.5

Mexican: spiced beef, beans, cheese, sour cream &
guacamole 8 8.5

Prawn Topper: grilled prawns (i) in a garlic cream
sauce 9 9.5

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SIDES

	M	NM
Chips (v, gf)	6	6
Garden Salad (v, gf)	6	6.5
Seasonal Veg (v, gf)	6	6.5
Mash Potato (v, gf)	6	6.5

SAUCES

all sauces are gluten free

Gravy	3	3.3
Hollandaise	3	3.3
Dianne, Mushroom, Peppercorn, Garlic Cream	4	4.4

KIDS

comes with pop top & dixie cup ice cream (under 12)

Cheeseburger & Chips	14	14.9
Nuggets & Chips	14	14.9
Fish Cocktails & Chips	14	14.9
Bangers & Mash (gf)	14	14.9
Schnitzel & Chips	14	14.9

MEMBERS
\$18
Lunch
Specials
MON-FRI 12-2PM

Crumbed Chicken Schnitzel
with chips & salad

Crumbed Steak
with chips & salad or mash & veg

Bangers & Mash (gf)
with peas & onion gravy

Grilled Barramundi (i)(gf)
with chips & salad

Prawn Cutlets (m)
with chips & salad

Chicken Caesar Wrap
with chips

Roast Mushroom & Pumpkin Bruschetta (v, gf)

*Non-members \$20